



6th Annual Frisco Cross

October 1&2, 2011

Directions: From Denver...Take I-70 west to Frisco (exit 203). Take Hwy 9 south PAST the Nordic Center entrance, up the hill to the traffic light, turn left into the Frisco Bike Park and follow road down to lower parking area. Note: Road traffic will be controlled for race starts. Frisco Bike Park will be OPEN! Huck yer Meat! Overflow parking in the east Medical lot across the street.

CO CROSS CUP #1: Saturday Oct 1. (Sunday Oct 2 race is *not* a CO Cross Cup race). Held under permit #1147. Chief Referee: Al MacDonald Start/Finish and Pits will be marked. All ACA and new CO Cross Cup rules apply. Read them to answer your FAQs about call ups, points etc.

Registration: At The (old) Nordic Day Lodge. Preregister by Sept 29: send signed check and waiver to: PO box 471, Dillon CO, 80435. Bring current ACA license, \$10 one-day license available. Registration will open at 7:00 A.M., closes **30 min** prior to each category race start. Timing Transponder rentals (mandatory) for Saturday's CO Cross Cup race only.

\$10 for ACA license holders, \$5 for one day license. Non-refundable. Bring ID/CC for collateral. Cash or Check only payable to: **High Country Racing Team/HCRT**. frisco_cross@yahoo.com

Entry Fee: \$30 Saturday/\$25 Sunday . \$15 each additional race category, same day.

Promoted by: HCRT #112; Tim Assor 970-389-3617 & Scott Bourque 970-389-9264.

| Category | Start Time | Duration Minutes | Fee: Oct 1/2 | Prizes |
|-------------|------------|------------------|--------------|---------------|
| WARMUP | 8:00 | 75 | | Pride |
| SM35, 4 | 9:25 | 40 | \$30/\$25 | Merchandise/3 |
| SM 35+ | 10:15 | 45 | \$30/\$25 | Merchandise/3 |
| SM 35+,3 | 10:15:30 | 45 | \$30/\$25 | Merchandise/3 |
| SM 45+ | 11:15 | 45 | \$30/\$25 | Merchandise/3 |
| SW Open | 12:10 | 45 | \$30/\$25 | CASH (Top 3) |
| SW 35+ | 12:10:30 | 45 | \$30/\$25 | Merchandise/3 |
| SM Open | 1:05 | 60 | \$30/\$25 | CASH (Top 3) |
| SM 55+ | 2:15 | 40 | \$30/\$25 | Merchandise/3 |
| SW 4 | 2:15:30 | 40 | \$30/\$25 | Merchandise/3 |
| SM 4 | 3:05 | 45 | \$30/\$25 | Merchandise/3 |
| SM 3 | 4:00 | 50 | \$30/\$25 | Merchandise/3 |
| Singlespeed | 4:00:30 | 50 | \$30/\$25 | Merchandise/3 |

Lodging: Enjoy discount lodging rates courtesy of **Best Western Lake Dillon Lodge** (exit 203, Hwy9/I-70). Rooms available include free breakfast, WiFi, pool, and +\$20 pet rooms available. Call: **800-727-0607** and mention "**Frisco Cross**" for special rates.

Other: Bring the family and enjoy a great weekend of cyclocross racing in the mountains. Stay to enjoy all the other fun activities, beer and food in beautiful Frisco Colorado. Parking is increased, but use common sense and heed signage and volunteer advice. Carpool. New **Frisco Bike Park** is open to riders of all dirt riding abilities. (MTB) Pet's welcome on leash. Please clean up after them. Use trash and Recycling bins provided. Keep the park CLEAN!

Sat & Sun kids Cross (ages 4+) course will be set for the young ones to ride. (Approximately Noon-1). Medals/Prizes available for all. This is a non-competitive event. Parents and Volunteers needed. Inquire at Registration.